

SPECTRUM

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October 1, 1992

Crime prevention month helps take a bite out of campus crime

By Patricia Rodriguez
News Writer

In conjunction with Student Government, Sacred Heart University's Public Safety Department, and the Community Outreach Programs and Services, the university will be offering various programs throughout Oct. celebrating National Crime Prevention Month.

According to SHU's Public Safety Director Allison Flaum, "We need to educate ourselves to decrease crime."

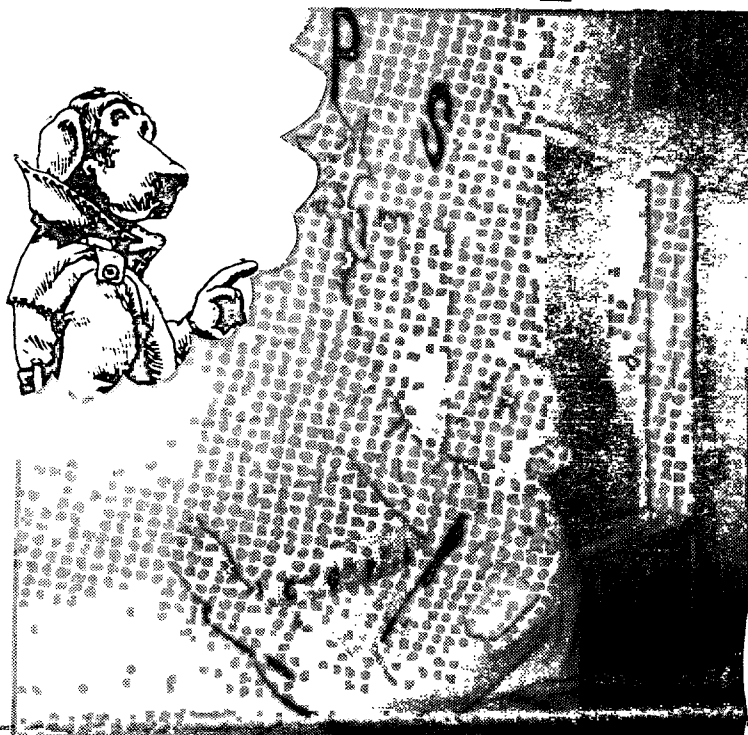
With several programs being offered throughout Oct., Flaum encourages the entire SHU community to explore the various topics. "People need to attend the programs and incorporate them in their daily behaviors," said Flaum.

"There has to be a team effort to make a safe environment."

Flaum strongly encourages everyone to report anything appearing suspicious to SHU's Public Safety Department. "All it takes is a phone call to make a difference," said Flaum.

According to Flaum, a crime prevention bulletin board displaying upcoming programs will be posted on the wall by the Public Safety office near the gym. "Along with these notices, there will be free literature relating to the specific programs for this month, as well as other crime issues being provided for the students," said Flaum.

Flaum concluded by encouraging SHU's student organizations to get involved in National Crime Prevention Month. "We need to work together to make a difference," said Flaum.



Public Safety Officer Pearl Richards prepares an informational bulletin board for Crime Prevention Week, which runs for the month of Oct.

Photo by Chris Nicholson

SHU Crime Prevention Month Schedule

- Oct. 6 "Plan to get out alive"
- Oct. 7 "Plan to get out alive"
- Oct. 13 "Getting Hot & Heavy"
- Oct. 14 "When someone you love is Sexually Assaulted"
- Oct. 20 "Getting totally wasted"
- Oct. 21 "Alcohol & Victimization"
- Oct. 26 "Trick or Treat? More than you bargained for"
- Oct. 27 "Safety for the Private Residence"

For more information, contact the Public Safety Department at 371-7995.

Snapple boycott launched on campus

By Chris Nicholson
Editor-In-Chief

The days of a five cent glass of lemonade are long gone. In these days of inflated prices, a glass, or a bottle, of a refreshing drink can cost a pretty penny. However, Sacred Heart's dining hall is charging a few pennies too many for a popular drink on campus, according to some students.

The price of Snapple, a bottled drink available in varied flavors

from lemonade to different fruit-flavored iced teas, is enormously high, say many SHU students who are boycotting the drink at the cafeteria and in Chubby's lounge.

"I will not buy it here at all," said senior Dawn Kentosh. "It's absolutely, ridiculously, unnecessarily overpriced." Kentosh expressed concern over the profit that Seiler's food service, which operates the cafeteria, is making by "overpricing" the drink.

According to an area bakery in Bridgeport, which also retails Snapple, the wholesale price is under 45 cents per bottle. The

cafeteria and Chubby's sell it for \$1.33, making over 90 cents profit. Many stores sell Snapple at prices ranging from 85 cents to one dollar.

Senior Kristen Wittmer also expressed concern about the price of the drink sold to students, saying that an unfair profit is being made at the expense of the people the dining hall is supposed to be servicing, the students. "On a college campus, where students

See Snapple, page 2

Institute for Medieval Studies begins its inaugural year

By Larry Mastroni
News Writer

Comprised of faculty from the Humanistic Studies and Communications departments and coordinated by Dr. John Roney, The Institute for Medieval Studies offers students the opportunity to take classes in medieval literature, philosophy, and history during the same semester.

Special events that are related to classroom studies are also planned throughout the semester. This interdisciplinary approach encourages students to study common themes of medieval culture from multiple perspectives.

The institute offers four courses in medieval studies: HI 252, Medieval Europe, taught by Dr. John Roney; PH 241,

Medieval Philosophy, taught by Dr. Edward Papa; EN353, Studies in Fiction: Tolkien, taught by Roberta Staples; and EN 310, British literature to 1603, taught by Dr. Robin McAllister. Students taking one or more of these courses are allowed to freely audit the other classes. These classes are tentatively set to run on a bi-yearly basis.

There are various special events pertaining to medieval culture that are now open to the public. There will be field trips to the Cloisters in New York (Sunday, Oct. 18) and St. John the Divine in New York (Sunday, Nov. 22). Both of these trips will feature a dramatic reading/participation of a medieval play.

See Medievalness, page 2



Stuart, the male half of the famed Stuart and Lori team of Michigan illusionists, attempts to hypnotize his bunny, Barney, which yes, did just come out of a hat at a campus performance last Thursday.

Photo by Dawn M. Kentosh

Inside...

Compromise may not always be such a good thing... page 7

WWPT student radio station rocks and raps... page 8

Women's volleyball celebrates win over Mercy... page 12

NEWS BRIEFS

Compiled by Frank Mastroianni

Reception welcomes new employees

The Sacred Heart University community is cordially invited to attend a faculty/staff reception welcoming new employees to Sacred Heart. This informal affair is taking place today in the Hawley Lounge at 3 p.m.

The reception is being sponsored by the Office of the President and promises to be an excellent opportunity for everyone to become well-acquainted.

Hurricane relief for Sacred Heart Parish

All SHU administrators, faculty, staff and students are invited and encouraged to participate in a fund drive to help the parishioners of the Sacred Heart Parish in Homestead, Florida get back on their feet.

According to information received from Pastor, not one parishioner had a home to live in after the storm passed. SHU's Campus Ministry is honored to sponsor efforts to raise monies for this worthy cause. Sophomore Matt Harrison has volunteered to chair the collection efforts within the student community.

Through the assistance of Mr. John Young, director of finance, a special restricted account for Sacred Heart Homestead Relief will be set up and once all donations are in, one check will be issued from SHU Fairfield.

Donations will be accepted from Oct. 5 through the 9th. Checks should be made out to Sacred Heart University, memo: hurricane relief.

Guys and Dolls

The Continuing Education Council is sponsoring a trip to the Broadway hit "Guys and Dolls" on Saturday, Oct. 31. The bus will leave SHU at 10 a.m. for the matinee performance and return at approximately 6 p.m. The Council will pick up the cost of the bus; theater tickets are \$65. Space will be limited. For reservations contact Monica Roberts at 371-7877.

Intern next spring at the state capital

Starting next spring interested students can earn academic credits while learning about state government.

Open to all majors, applications are now available from Prof. John Kikoski for the State Legislative Internship Program. Students will be earning a credit while interning with a State Senator or Representative. Further details are available by contacting John Kikoski at 371-7742 or by writing to Directors, Internship Program, Legislative Office Building, State Capital, Hartford, Ct. 06106.

Clarification

In response to an article printed in the Sept. 24th issue of the *Spectrum*, SHU Management Professor and attorney Michael Larobina clarified that the new federal law requiring college campuses to release crime reports upon request has been in effect in Connecticut as of Sept. 1, 1992.



Two friends of La Hispanidad get a chance to finally have a slow dance at the club's mixer Friday night. Music was provided by ORB, who played mostly House, Freestyle, Techno and Rap music.

Photo by Dawn M. Kentosh

Snapple: Kelly says try system first

Continued from page 1

are pinching pennies, it would be beneficial for the cafe to take these concerns in mind and offer lower priced drinks."

Although many students are catching on to the boycott, Director of Students Activities Tom Kelly believes there are better ways to solve the problem. "This and any other concern should be brought to the food service com-

mittee," he stated. "As far as the boycott is concerned, the students have the right to do it, but I would like to see if the system works first." Kelly did agree, however, that Snapple is overpriced on campus.

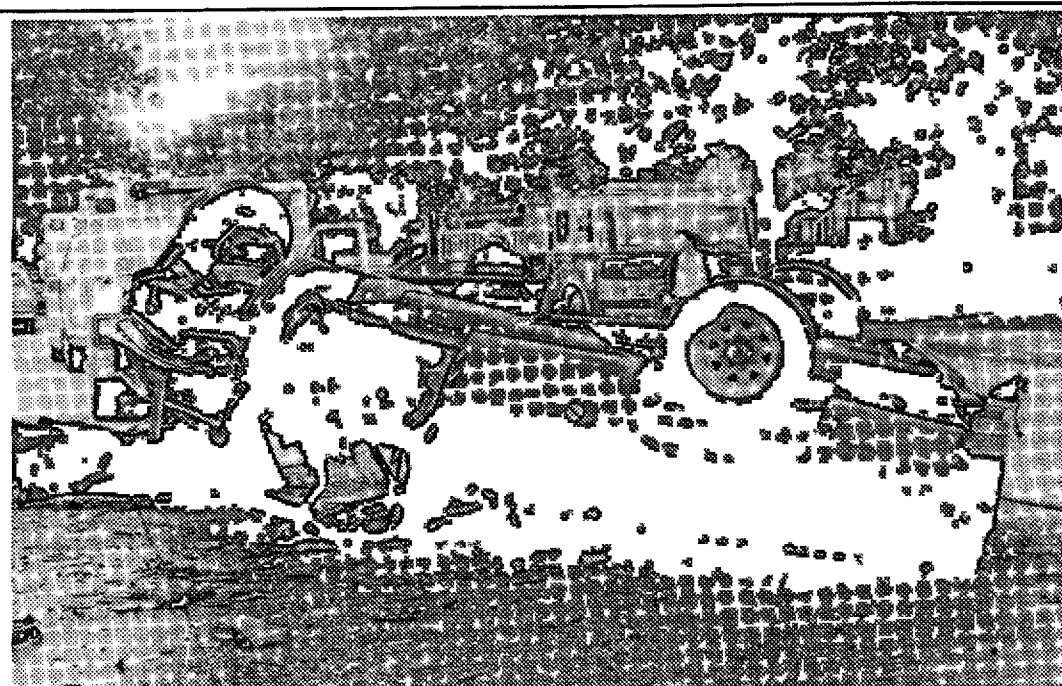
Medievalness: highlights are plays, courses

Continued from page 1

Another play, *The Second Shepherd*, directed by Piotr Gzowski, will be performed at SHU on Dec.

9 - 12. The institute is also planning to feature films and guest speakers throughout the semester. The final event will be a medieval feast on Sunday, Dec. 13 in the Hawley Lounge.

Students interested in these activities should consult the Institute's bulletin board outside the Communications Department, located in the second floor of the south wing.



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Suicides send ripples of shock through college campuses

(CPS) When a law student at a college in Boston took her life two years ago by swallowing a handful of pills, her family, friends and professors were stunned beyond words.

She had everything going for her: a supportive family, a brilliant future. But she was a high-achieving perfectionist who often felt overwhelmed by her life, though this was virtually unknown until some of her journals were found.

The law student, and many like her, are cases of "smiling depression," says a college mental health expert whose speciality is college suicide.

"There are some some students," says Leighton Whitaker, director of mental health services at Swarthmore College, Swarthmore, Pa., "who are in quiet despair, and comprise most of the cheerfulness," he said.

Then there are others who are more forthright: "I can't take it anymore."

Those five words are considered a "red flag" for college students who might be contemplating suicide, say mental health experts who have watched students struggle with depression and despair.

The college suicide rate continues to grow, according to data from the U.S. Centers for Disease Control.

Driven by low-self esteem, isolation, substance abuse and withdrawal, about eight in 100,000 college students take their lives, according to a recent report by the Journal of College Student Psychotherapy, which studied 200 U.S. campuses.

Being a college student, however, may actually act as a buffer for youth suicide. The figures

Red Flags For Suicide

1. Giving away valued possessions.
2. Putting affairs in order.
3. Having difficulty adjusting to the loss of a relationship.
4. Withdrawing from activities that gave the student satisfaction.
5. Crying with no apparent cause.
6. Sudden changes in behavior and/or attitude.
7. Inability to concentrate.
8. Constant irritability.
9. Excessive feelings of guilt.
10. Erratic behavior which cannot be explained.

Source: "College Student Suicide" by Leighton C. Whitaker, Richard E. Slimak.

reflect a suicide rate 50 percent less than their non-college peers in the 18-24 age group.

"Most of the increase in the last three decades was due to an increase in youth suicide in general, and the vast majority of those were white males," Whitaker said.

The death of a student by his own hand has a chilling ripple-effect that sweeps the campus, touching friends, classmates and professors, said Whitaker, and requires a process he calls "post-vention" which includes grief counseling and public services for those who knew the deceased.

Whitaker strongly advises that survivors of a suicide not to try to avoid the grief process, which may be assisted by counseling, as they may also become seriously depressed.

"There is no more severe campus emotional issue than that of a suicide of a student, except the closing of the institution itself," he said, noting that campus communities can be more tightly knit than small cities.

Some campuses consider student prevention a major priority.

A rash of suicides during the 1991-92 school year at the Uni-

versity of Maryland's College Park campus prompted the administration to review the mental health services and find ways to make support more readily available to students.

Eight students committed suicide during the year, which, according to the publication Campus Crime, is estimated to be triple the number that could be expected on a campus of 35,000.

The suicides did not appear to be related, but school officials say that it appeared the students were under severe stress because of personal problems and the fallout from budget cuts that disrupted campus life.

Since 1973, the United States Coast Guard Academy in New London, Ct., has had a community-based suicide prevention program functioning within its ranks. In the years since the program was developed, more than 50 students have been treated for suicidal thoughts and severe depression.

Prior to 1973, the Academy lost four cadets and one faculty member to suicide in a five-year period. Since the program was set up, there has not been a completed suicide on campus.

OFF-CAMPUS NEWS BRIEFS

Compiled from CPS reports

Oct. 1 Registration Day Planned

A nationwide student voter registration drive has been scheduled for Oct. 1 as students at 41 colleges and universities in 21 states take part in discussing political issues.

The National Student Voter Registration Day is sponsored by the Center for Policy Alternatives, the National Civic League and the Knight-Ridder Corp., and is endorsed by the United States Student Association and the League of Women Voters.

Historically, young people eligible to vote generally stay away from the polls. In the 1988 presidential election, only 36 percent of 18-24 year olds voted, and many blamed the difficulties of becoming registered to vote, according to the Center for Policy Alternatives, a non-partisan group that works to promote progressive state policy.

Professor Sues School Over Book

An Iowa State University professor sued several school administrators and the Iowa Board of Regents after he was barred from using a book he wrote as a required text in a class.

John Strong, an associate professor in human development and family studies, claimed his First Amendment and academic rights were violated because he couldn't use his book, "Unlocking the Communication Puzzle," as a primary text in his course.

"(The professor) feels strongly that the university is interfering with his rights to select his own materials," Anthony Renzo, Strong's attorney, told the Iowa State Daily.

A student complaint in 1991 brought the matter to the attention of school administrators, and a department committee later voted that the book should not be used as the primary text. It was also determined the book contained no bibliography or cited scholars.

Beer Giveaway Goes Down The Drain

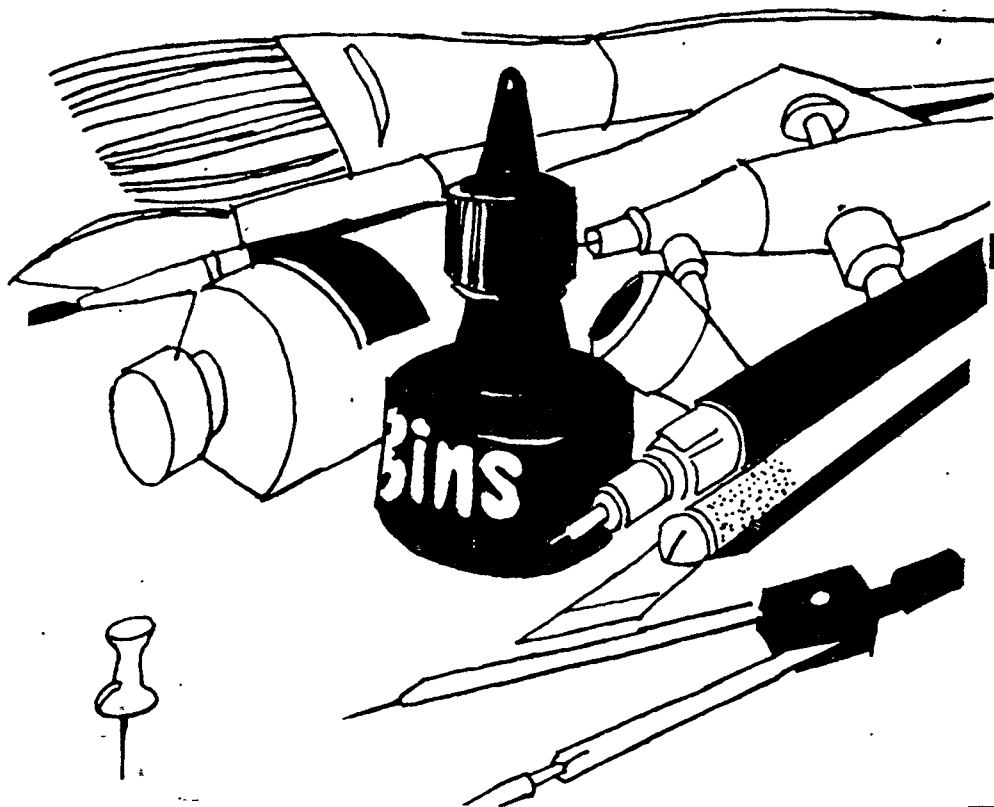
A University of Florida student government plan to pass out cards for free beer was nixed by university officials.

The plan was that a student would get a card for one free beer a night at local bars after signing a pledge card promising that he or she would not drink and drive.

Pledge cards were to have been distributed to about 9,000 students of legal drinking age.

"At first we thought it was done as a spoof," said Art Sandeen, the university's student affairs vice president. "We thought it was a terrible idea."

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Take a bite out of crime

Crime is an unfortunate fact of life.

Those who have are destined to be victims of those who need or merely want what those who have, have got.

Ok, that's a bit confusing, but it's probably not so confusing that most, if not all, who read it can understand it.

Anywhere one goes in this day and age, one must be aware of the ever-present dangers and potentials for being victims of crime(s). But not only the dangers; one should also be aware of what one can do to lessen the chance of becoming a victim.

In this issue of The Spectrum there is an article indicating that October is National Crime Prevention Month. In an effort to make people more aware of how to safeguard their possessions as well as themselves, the Department of Public Safety is spearheading a number of programs addressing that very issue.

If you don't know how or what to do to secure yourself and your things, this series of programs is for you.

Taking a pro-active approach to crime is at least half the battle in defeating it. Remember, your best defense is a strong offense.

ABORTION SHOULD
BE CONSTITUTIONALLY
OUTLAWED...



ABORTION
IS A PERSONAL
DECISION...

The Ross Review



By Todd Ross
Columnist

As many of you know, student services are the main factor when discussing student life.

Student services here at Sacred Heart include Health Services, Activities, Career Services, Residential Life, and the Counseling Center.

All of these departments fall under the Dean of Students, Kevin Kelly who reports to the Vice-President of Enrollment and Student Affairs James Barquinero.

Last year, there was a sense

of discontent among students with regards to the quality of student services on our campus.

This concern was expressed by the student body. As a result of that, a resolution was passed regarding the student services program. In fact, that resolution is still a concern.

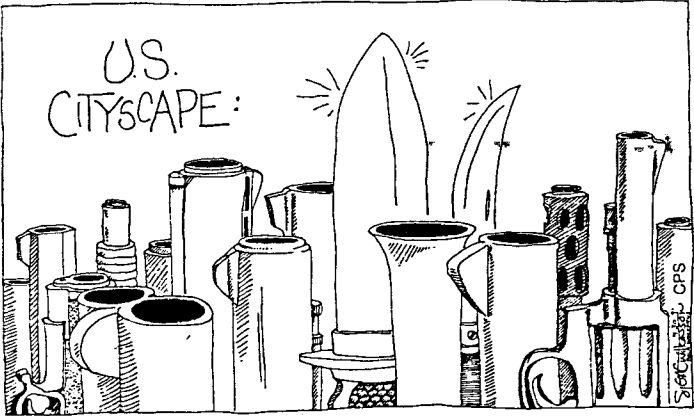
Some other issues that must be looked into are the hours of the Health Services Department; the removal and reduction of space for the Counseling Center, which is newly located in the Campus Center near Financial Aid; the lack of a Women's Center; and the Office for Student Life, which includes the Dean of Students, the Activities Director, the Assistant Director of Activities and the Graduate Assistants, the Intramural Sports program, and Off-Campus Housing.

Instead of having the resolution resurface as it stands, the Student Government is currently designing a Blue Ribbon panel that will evaluate the quality of our Student Services program.

This panel will tour other universities and compare their programs to ours. Among the colleges this panel will visit are St. Anselm's College, Bentley College, Bryant College, Quinnipiac College, St. Michael's College, Assumption College, Stone Hill College, Fairfield University, Albertus Magnus College, Southern Connecticut State University, the University of New Haven, and New Haven College.

The Main goal of this panel is to research other universities' Student Services programs and to evaluate our program in comparison to other comparable colleges and universities.

Essentially, the panel will conduct a survey of student services programs and offer some suggestions on how to improve the quality of our student services program. The development of this panel will also offer a better means of communication between the student body and the administration.



Like to voice your opinion?
Write a letter to the *Spectrum*.

Mail to:
Spectrum - SHU
5151 Park Avenue
Fairfield, CT 06432

(All letters must be signed.
Yeah. No kidding.)

Letters to the Editor...

Dear Editor,

I would like to say that for the most part, my stay at Jefferson Hill has been welcoming. Unfortunately, there is one thing missing—a change machine. In order to do laundry, you need to have quarters, but making change is virtually impossible. I propose that a change machine be available to every laundry room at the residential halls, as well as on the main campus.

Sincerely,
Beth Hantavis

To the Editor,

I find it amazing how so few parking spots are now available. I understand that the number of students has increased, but a large number of these students are first-year students that live on campus! One would think that they would walk to class, seeing that they are on-campus. Right now the problem is not that severe, but in the next few months when construction starts

in the parking lot for the new halls, spots will be limited! Some type of rule should be initiated so that commuters, as well as Taft and Park Ridge students will have preference.

I would also like to make reference to the very faded white arrows in the lot. For those who are unaware, most of the aisles are one-way. Thank you!
Linda Paoletta
Class of '95 Student Gov't Rep.

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OBSERVATIONS FROM A BROAD

By J. Broad
Columnist

NOTE: The following column was written some 8 months ago, when I was still seeing the girl mentioned. We went our separate ways before it was printed, and I refrained from printing it for some time after the break up so as to avoid any hard feelings it may have caused in an already tense situation. Now that we are on speaking terms again, I figured it would be okay to print the column. This is the same girl whose mother taught me respect. She also has a subscription to this newspaper — Hi Mrs. C.

When you reach the age of 21, the dating game begins to change. It is no longer enough for a guy to have good hair and a nice car, or for a girl to have a nice body and no brains; you begin to look for something more — at least your parents do.

You see, by the time you reach 21, your parents believe you have "...fooled around long enough." Maybe this is just me, because my parents are older than most people's parents. As the first born son, I have a certain responsibility to carry on the family name. My parents now view my girlfriends by the type of gene pool they represent.

My ex-girlfriend's parents had a different view of the world, mostly because they are Italian. They saw me as a potential member of their family and therefore, some improvements were needed. Thus, my ex-girlfriend's mother embarked upon what I came to know as the **POTENTIAL SON-IN-LAW RENOVATIONS PROGRAM**.

It is no longer enough to make the daughter happy, a mother has got to have her standards.

You must understand that this program does not begin to occur until you've been seeing the girl for about six months. By then, you have passed most of the preliminary events and are in good shape to make the playoffs, but it depends upon your artistic program, provided that you do not have any technical breakdowns, which could cost you up to five tenths of a point. (I realize that I have badly mixed sports terminology here, but to have a figure skating reference without a football reference would have been an affront to the manliness of some of my more insecure readers.)

By preliminary events, I mean things like: 1) Are you Italian? (partial credit if you at least enjoy pasta) 2) Do you drink or smoke? 3) Are you Italian? (partial credit if you are at least Catholic) 4) Did you major in something with a future? 5) Are you Italian? (partial credit if you can at least play bocci) 6) Do you possess some skill or trade that is lacking in the family? (lawyer or doctor) or 7) Are you Italian? (partial credit if you answered yes to at least questions 1, 3 and 5).

Once I was measured against these stiff criteria, I was considered suitable enough to move heavy furniture from one part of the house to another and back (as an added bonus, I was allowed to continue seeing the daughter). It soon became apparent that the daughter was becoming attached to me, so my **Potential for Marriage Status (PMS)** was raised one point. I feel I must take a moment here to explain the PMS scale: it goes from one to five with each number

increasing exponentially, therefore, a PMS of 2 is 10 times higher than a PMS of 1, a PMS of 3 is 100 times higher than a PMS of 1, and so forth on up to a PMS of 5.

Ah! The fabled 5 on the PMS scale! Some people never reach it, even long after they've been divorced (Sorry, forgot where I am — *annulled*) and remarried. Let me put it to you this way: if you reach PMS 5 and you aren't at least engaged, you begin receiving *Modern Bride* at your house and members of your girlfriend's family chip in and buy you a tuxedo for your birthday.

Now back to the **POTENTIAL SON-IN-LAW RENOVATIONS PROGRAM**; it goes like this: get a haircut, learn to dance, learn respect. The first step, the haircut, is pretty self-explanatory. Isn't it strange how *someone* in the girl's family always cuts hair?

In lieu of dancing, I learned the box step. It was the standard "the villagers are chasing me with torches" sort of straight-legged, left-right-left maneuver that most self-conscious males adopt in such instances, but is was enough to get into the bonus round.

Respect remained a mystery for many months, except for the fact that I didn't have any. It had something to do with the wallpaper above the lazy susan where they kept the glasses. I was sure of that.

After we broke up, my parents lamented the loss of her potential. "She had good cheekbones," my mother said.

"You know, twins run in her family," added my father.

They're both hoping my next significant other will be a purebred, preferably with stock options.

The Student Voice

By Dawn M. Kentosh

Do you think that homophobia exists on campus?



Sarah Gauthier
Junior
English/Sociology

"I think homophobia exists everywhere. I think it's a shame."

Grace Murray
Senior
Media Studies

"Yes, unfortunately it exists everywhere."

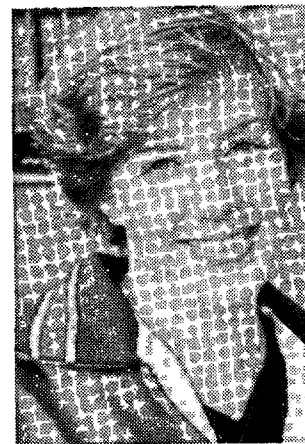


Ed Simon
Senior
Media Studies

"I'm not homophobic, I'm gay."

Patrick Schiller
Sophomore
English

"Yes, there is. But, I think that people must realize that homosexuality is everywhere and this is the U.S.A."



Pam Hotaling
Freshman
International Business

"I do believe that it is a prevalent fear on campus. It is a fear that exists everywhere in our society."

THE BALLOT BOX

By Paul Perillie
Political Columnist

With election day around the corner, everybody seems to be postulating about politics. You know the topics: the "Hillary Factor," abortion, and abortion. All these points are important but the issue that everybody seems to be avoiding like a fat aunt at a family reunion is the deficit. It's trillion dollar existence is the most pressing determinant to the country's survival.

"There is no single greater national security issue than a country's economic stability." These are not the words of Chairman of the Federal Reserve Board Allen Greenspan, they are the observations of the former Head of the Joint Chiefs of Staff Richard Secord. The quote can be found in his newly published autobiography. Now, when former members of the Pentagon, those spend happy people who like to waste thousands of dollars on such high-tech pieces of equipment like hammers, start talking about the

seriousness of the deficit, you'll probably start to figure out that things are pretty bad.

As congressional session after congressional session move to solve the situation a hair's length at a time, and presidential administration after presidential administration play blind, deaf and dumb to the problem, you may ask, "Who will the burden of paying for the deficit eventually fall upon?" It will be us, the graduating classes of 1993, 1994,

1995 and 1996 and so on, until even our grandchildren will be getting handed their degrees as a ticket for entering an economy that is strangled by debt.

Despite the ominous impera-

tives of this problem, most students don't really appreciate how bad things really are. The other day I was trying to discuss the deficit with a friend of mine, who happens to be a Republican, in Chubby's lounge. I said, "Doesn't it bother you that we are the greatest debtor nation in the world?" His reply was, "Well, we also have the largest GNP in the world." I could not believe his short-

sightedness. You don't have to be a CPA to figure out that it doesn't matter if you make a 100,000 dollars a year if you owe the people from CitiBank MasterCard 1,000,000 in overdue payments.

"The issue that everybody seems to be avoiding like a fat aunt at a family reunion is the deficit. It's trillion dollar existence is the most pressing determinant to the country's survival."

...Your deficit

You are still terribly in debt.

Don't look to either of the presidential candidates to tackle the problem with any strength. At the Republican National Convention this summer, George Bush gave it his best shot. His solution: no new taxes, but a box on the income tax form that would allow people the option to check it off if they want 10% of their taxable income to go toward paying off the deficit. If that is the course this nation chooses, the deficit won't be solved until the next Ice Age. Bill Clinton is no better; he says he wants to start educational programs that would stimulate the economy. Those programs are going to cost money. This is

money that this country simply does not have. The problem with both these proposals is that they fly in the face of basic economic principles. The only way the U.S. can go from being in the red to being in the black is to make more money (raise taxes), and spend less money (cut social programs).

Sacred Heart University, on November 3rd you will be asked to choose the next president of the United States. You will help determine who the person is that will try to solve the problems facing this great nation, the most serious of which is, in my opinion, the deficit. I only wish I had some good advice for you on making that choice.

Kolab Bun working for International Club greatness

By Sal Seeley
Features Writer

You may not notice while rushing to class that Sacred Heart has a wide variety of students with different cultural and ethnic backgrounds. Stop and look around! These students on campus are bringing SHU into the international world of the 90's.

One of these students, junior Kolab Bun, is making this transition possible. Recently appointed President of the International Club, the largest organization on campus, Kolab, originally from Cambodia, came to the United States in 1979 with her family to escape political turmoil. She lives with her three brothers and sisters in Bridgeport. Besides being the International Club President, Kolab is participating in many other activities, one of which is her membership in the Intercultural Committee. A political science major, Kolab is also interested in becoming a part of Sacred Heart's Debate Team.

Kolab first became involved with the club in her freshman year. She wanted to enhance her knowledge of other international

students who were also attending Sacred Heart. Previously, the International Club was a club where only international students assembled. However, the International Club is moving away from that so the students don't have to come from an international background to participate.

The International Club was formed to make international and domestic students feel welcome. "The club is a way of enabling each student to learn about individual cultures, and at the same time a chance to make friends with other students who aren't accepted into the college culture because they are foreign," exclaimed Kolab.

Kolab's goal for the club is to make it known that there are international students on campus. "In the simplest ways, international students are not being accepted."

She would like people to stop stereotyping and hopes that others will accept international students as part of the college. When speaking of her president, Vice-President Lalantha Siriwardene stated, "She's ambitious, has leadership quality, and she's very



International Club President Kolab Bun from Cambodia is hoping to make the International Club one of the most popular organizations on campus this year.
Photo by Dawn M. Kentosh

energetic. Kolab would like to make the International Club one of the best clubs in the university."

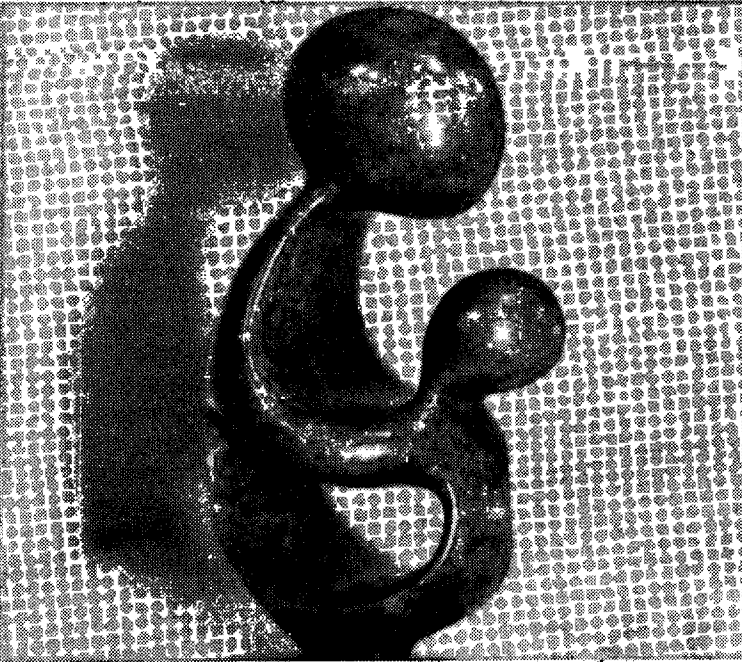
With many activities planned, including an International Fair in March, the Valentine's Dance in February, and various trips to exciting places, the International

Club is already one of the best organizations on campus. International and non-international students are sure to benefit from learning about other cultures, which should enrich the school atmosphere. This club plans to bring Sacred Heart into the future with the newly-appointed offic-

ers: President Kolab Bun, Vice-President Lalantha Siriwardene, Secretary Sue Ratanavong, and Treasurer Katherine Bothos.

The International Club meets every Thursday at 11:00 a.m. The next time you're walking down the hall, take a minute and give a friendly smile and hello.

Professor relays lessons learned during foreign travel



"Mother & Child," made out of serpentine stone, is one of the many artifacts that English Professor Joan Johnson claimed on her recent trip to Zimbabwe.
Photo by Dawn M. Kentosh

By Mike Murray
Features Writer

Joan K. Johnson, professor of English and communications here at SHU, and representative of the Evangelical Lutheran Church in America, recently returned from a five week trip to Zimbabwe this summer where she acted as ambassador and reporter in a "Woman to Woman" program aimed at creating a "bond of friendship," and opening channels of communication between the U.S. and the ELC of Zimbabwe.

Johnson's contributions to the Women of the ELCA are impressive. She serves on both the executive boards and delegates for the group's national conventions, which includes chairing the 1987 Constituting Convention. You

may have also seen her appearing in both *Oklahoma!* and *Heidi* here in the SHU Theatre.

In 1990, the W/ELCA invited women from 27 developing countries to visit the U.S., and in return, Joan was chosen to represent New England during her numerous treks to Lutheran missions throughout Zimbabwe.

Formally Rhodesia, the country gained its independence from England in 1980 after a bloody revolution. However, after more than a decade of self-reliance, there are still signs of heavy British influence in language and education. A society whose economic foundation was once built on its richly rewarding gold mines, now relies on agriculture and tourism as its main industries. Unfortunately, agriculture has been halted after 3 years of drought, according

to Johnson.

Although the effects are not as extensive as in Somalia, American corn donated by the World Hunger Program makes up the chief dietary staple. It consists of gelled corn-meal called Sadza; similar to what we know as grits. Tourism still flourishes though, due to the wildlife preserves along the Zambezi River and the "breath-taking splendor" of Victoria Falls. After a week of traveling through the bush, Joan told us, she stopped at the Safari Lodge in one of wildlife preserves and was treated to a long-awaited hot shower. "It was Zimbabwe's answer to Club Med," she added with a knowing smile.

Dispelling images of machete-

See Johnson, page 7

<h1>Campus Calendar</h1> <p>For Campus Calendar listings, call Denise Sutphin at 371-7736</p>		Location Key C - Chubby's Lounge D - Dining Hall F - Campus Field G - Gym H - Hawley Lounge J - Jefferson Hill L - Library M - Media Studies P - Park Ridge S - Schine Auditorium T - Taft Commons Th - Theatre U - Univ Learn Cntr (Lower level Lib.)		1 O Resume writing, 10 am, U C International Student O Club Bake Sale, Main Hall B Italian Club Mixer, 9 pm, D		2 Baseball double- header, 11 am, F Women's Soccer, 1 pm, F		3					
4 Senior Class Flea Market, 9 am, North Lot Baseball, noon, F Men's Soccer, 1 pm, F Movie, <i>Far and Away</i> , evening, G		5 Resume Writing, 2 pm, U Movie Night, <i>JFK</i> , 7 pm, C		6 Class of 1996 Elections Pioneer Pep Band, 5:30 pm, G Women's Volleyball, 7 pm, G		7 Interview II, 9 am, U Choosing a Major, 2 pm, U Ernst & Young on- campus recruitments Karoke Night, 8 pm, C		8 HOMECOMING WEEKEND		9 Men's soccer, 10 am, F Baseball, 11 am, F Football, 1:30 pm, F		10	
11 Monday Night Football, 9 pm, C		12 Movie Night, 7 pm, C		13		14		15		16		17	

Is compromise good, or is it all you can get?

Part 1 in a two part series

By J. Broad
Staff Writer

In fairy tales, nearly everyone lives happily ever after, and most central characters marry the first person they fall in love with. But in the real world, love gets more complicated. Insecurity and loneliness are introduced. People meet and fall in love. Often, they enter into relationships with partners they barely know, each with unrealistic expectations for a future together.

Over time, imperfections begin to surface and problems begin to arise that don't fit with the mental image of the fairy tale. The relationship ends because the reality doesn't match the expectations of the "perfect relationship." This can leave both partners feeling cheated, disillusioned, and cynical about love in the real world. Some of the heartbroken can start over with the same optimism for the next relationship prospect, but some can't. Disillusioned by past failures, they fall into a pattern of ever lowering standards and ever reduced expectations, settling for a relationship that is much less than they deserve simply because it is all they believe they can achieve. They compromise on nearly everything that they long for, in the simple hope that whatever they can get will be enough.

Deborah Barton, director of the counseling center at Sacred Heart University and an adolescent and family counselor for the past

twelve years, likens this emotional state of spiraling compromise to "gathering baggage."

"We all have our baggage from past relationships, and from growing up in general," Barton says. "Maybe our upbringing was too permissive, which causes one

"We all have our baggage from past relationships... It just depends on how large the baggage is."

set of reactions. Or maybe a parent died at a young age. Or a past relationship really had a negative impact. It just depends on how large the baggage is."

Christine had thought that she had found her future husband. "In my mind he fit my perception of my husband," she relates. "We met in college, which is where I had decided I was going to meet my husband. He was studying to be a doctor, which fit my mental image. He was even named John, which was the name I had always pictured my husband having, named after my father."

Though things had started off well, John soon began exhibiting many characteristics that Christine found difficult to accept. "He

was so romantic at first," she recalls, "he bought flowers all the time, even for my mom. As the relationship wore on, I became aware of how selfish he really was, and how different we were."

Christine, a very giving person, had trouble understanding John's selfishness. Their views on religion were also at opposite ends of the spectrum. John was an agnostic and Christine a Christian. "He was always taking me to these 'new age' witches/warlocks shops and buying occult stuff. He had nothing but contempt for religion," Christine says.

She overlooked many of these glaring incompatibilities, and hoped that somehow, things would work out. She finally found the strength to end it when John changed schools and transferred to a college several hundred miles away. "If you start to compromise in a relationship," Christine admits, "you hope that, if you spend enough time with the person, things will get better. I compromised on a lot with John, compromised who I was and what I believed. I still haven't gotten back to my old self."

Barton points to Christine's case as an example of too much compromise, and in areas where compromise shouldn't be an option. "You can compromise on bedtime and food," Barton says, "but you can't, and shouldn't compromise on morals and values."

Continued next week...

Johnson: better communication needed

Continued from page 6

swinging, torturous journeys via Land Cruiser, she spoke of her stay in the capitol city of Harare and the site of the ELCZ Headquarters in Bulawayo, in addition to a 4-day reprieve at the Bishop's palace.

"I was met at the airport by members of the Vashandiri or Women of the ELCZ. Everywhere I went I was greeted with great acceptance. We would shake hands, exchange gifts and the church now has quite a few pen-pals. It's an extremely friendly and open society," she relates.

Her agenda included extensive traveling to various missions, schools and church Garden Projects, which are part of the Food for Work programs currently operating throughout Zimbabwe. During church services, the entire congregation sings and dances to a combination of old Methodist hymns and tribal chants. "All in a wonderful five part harmony," she adds. It is a joyous occasion in which the women wear uniforms of purple and gray. Purple being a combination of red (the blood of Christ), blue (God's creation of water and sky) and gray (the image of God's light dispelling darkness).

There are few cars and many

bicycles. Cars cost around \$180,000 in Zimbabwe's currency. Because transportation costs are so high and there are so few hospitals, few people seek medical help until they are nearly on their death bed, and upon arrival at a hospital, one may find only a single doctor on duty. Medication is also very scarce. An aspiring nation with a rich culture, they are in need of global outreach and aid in areas such as economics and education.

Johnson summed up the inter-

view with this message: "One of the answers to Zimbabwe's problems, as in the rest of the world, is communication leading to understanding. Only then can we dispel the ignorance that separates our two worlds."

Those interested in attending a lecture on her trip can hear her at The Trinity Lutheran Church of Shelton, Sunday, Oct. 11 and The Trinity Lutheran Church of Milford, Monday, Oct. 19 at 7:30 p.m.

Club Happenings

Club Happenings is available for use by all clubs on campus. To get in your club's listing, drop off all pertinent information to the Spectrum office. The deadline for all notices is the Wednesday before the week of the desired issue. All submissions will appear on a space available basis and will be given attention in order of receipt and timeliness.

Compiled by the Features Staff

Jewish Friendship Organization

The JFO has begun its third year of existence at Sacred Heart. Many returning members of the club met last week to plan the upcoming semester's events. There will be a meeting on Thursday at 11 a.m. in room S214 for any member of the Sacred Heart University community who is interested in attending. Refreshments will be served and new ideas welcomed. For more information about the Jewish Friendship Organization, please contact Rabbi Wallin in the Campus Ministry office, now located in the Hawley Lounge.

Student Government

For any students interested in getting involved, there are openings available on students government committees. Two responsible students are needed to participate in the Faculty Senate and the Academic Affairs Committee. For further information contact Todd Ross in the Student Government office, or call 371-7954.

Irish Club

The first fall 1992 meeting of the Irish Club will take place at 11 a.m., Thursday, Oct. 1. New officers will be elected, and potential new members are encouraged to attend. For more information, contact Stacy Filewicz or Student Activities at 371-7969.

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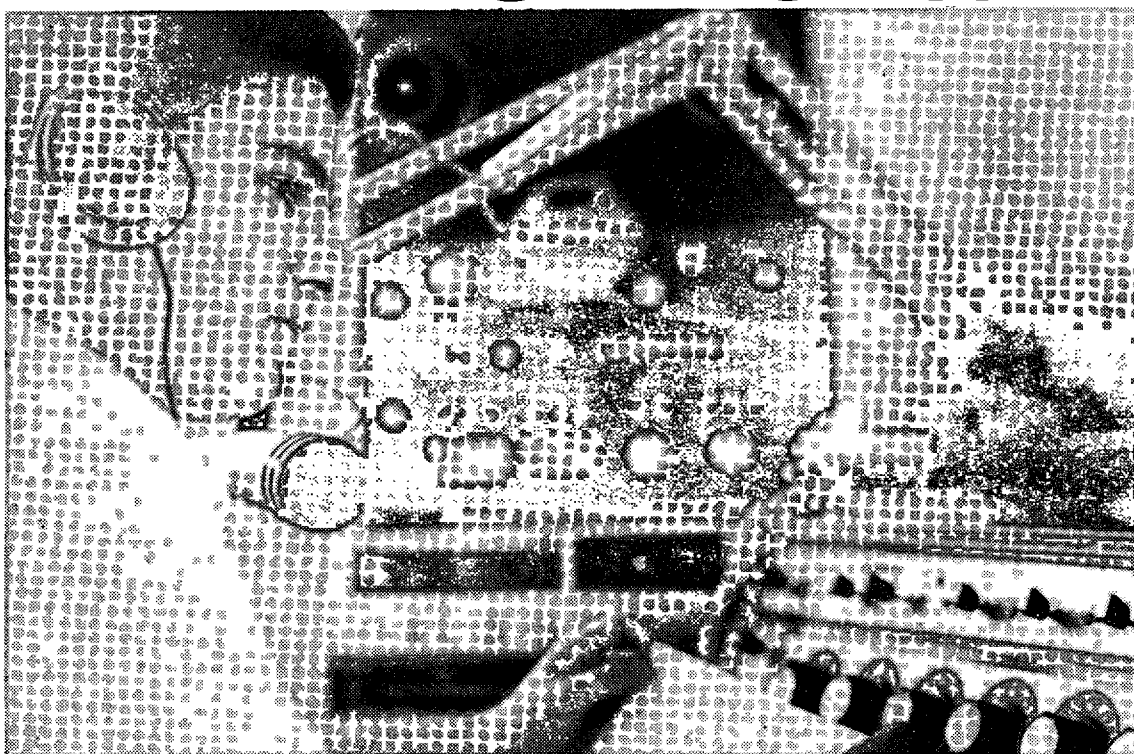
By Tom Donato
Editorial Page Editor

"Good morning, it's nine o'clock, this is Frank Mastroianni, and you're listening to 90.3 WWPT, Westport, Connecticut's Commercial-free radio." With those words, Frank begins another broadcast day for WWPT, Sacred Heart's student-run radio station. Currently, there are twenty students holding air-slots during the week.

WWPT is a commercial-free station broadcasting at approximately 350 watts, and is run jointly by volunteers from SHU and Staples High School, which is located in Westport, Connecticut. The students at SHU occupy the shifts Monday through Friday, 9 a.m. to 3 p.m., while the Staples students occupy the shifts Monday through Friday, 3 p.m. to 9 p.m., as well as day and night shifts on weekends. The signal comes from Westport, and reaches the towns of Bridgeport, Fairfield, Westport, Wilton, Norwalk, and beyond.

The format of WWPT is free, excluding profanities. The deejay's program the music they want to play and choose the order in which to play the songs during their shift.

While a commercial station receives most of its funds from ad-



WWPT disc jockey Joe Bellizzi delivers a public service announcement to his listeners during his rap/dance show.

Photo by Dawn M. Kentosh

vertising revenue, a non-commercial station depends on underwriters and private donations to stay alive. An underwriter is a business or individual who donates funds to the station to get an announcement read over the air. The announcements state that a particular business or individual "sponsored" a specific show or hour of programming.

There are five positions that

comprise the executive board of WWPT: The operations manager is Karen Stedman, the program director is Kileen Kaffan, the music director is Tom Donato, the business/finance director is Julie Freddino, and the public relations director is Daniela Ragusa. Each of these individuals were elected into these positions.

One aspect of WWPT that separates it from other stations is

the variety of music you can hear at any given time during the day. A typical day at "PT" will include a rock oriented show, an alternative music show, and a dance/rap oriented show—a mix you would never hear on a typical, commercial station.

"That is one of the purposes of WWPT, giving listeners an enjoyable, entertaining alternative to the mainstream," said Freddino.

Through public service announcements (PSA's), the station educates as well as informs its listeners. With news, a community calendar, weather, and sports, as well as give-aways, disc jockeys are able to talk to their listeners. Daniela Ragusa has organized on-air contests that award listeners free passes to comedy clubs, plays and concerts. Some of the tickets the station has given away have been to area shows such as The Soup Dragons, Matthew Sweet, Fishbone, Siouxsie and the Banshees, Weird Al Yankovic and Sophie B. Hawkins to name a few.

Lately, many exciting things have been happening at WWPT. Kaffan has just completed an interview with James McCulloch, guitarist for the Scottish band, The Soup Dragons. Ragusa got a chance to hang out with and interview new recording artists, The Men.

The board of directors would like to rid the station of all the preconceived notions. For example, the idea that you need previous training or that you have to be a media major to be on staff are all wrong.

"A lot of people on campus don't even know that Sacred Heart has a radio station," says Ragusa, "and that has to change."

WWPT also has a request line: 365-7669. So listen in and use it!

The Men (and women) are totally worth listening to

By Daniela Ragusa
A & E Writer

Amid the many choices on radio today, there is a hot new rock band that really stands out: The Men, as the quartet calls themselves, have earned recognition this past summer due to their smash single, "Church of Logic, Sin and Love." The talking blues-rock tale of twisted transcendence has gotten the band the recognition they deserve. Lead singer Jef Scott says, "It's about being complacent in your own little world and how these guys found nirvana on the Arizona-New Mexico border."

I was lucky enough to meet and talk with the band when they came to Toad's Place in New Haven on July 23. I got to hang out in their tour bus and I also stuck around for the sound check. Everybody was really nice and down to earth. Jef Scott is the songwriter, guitarist and lead singer who formed the band along with sisters Lore Wilhem and Nancy Hathorn, guitar and bass players, respectively. Drummer David Botkin completes the foursome.

With two women in the band, why are they called The Men? Jef laughed when I asked. "Well, that's about the hundredth time we've been asked that question. I'm going to start keeping track. The name just happens to be an early idea that stuck. Actually, it's kind of a gimmick when everyone expects to see two or three guys behind the guitars and bass, but then they're surprised when they see two very pretty blonde

women crunching out powerful chords."

I asked the band what category their music belongs in. "I don't think we can be pigeon-holed into any particular genre because we don't represent just one kind of music," says Jef. "Our influences are so varied that the songs reflect it."

Jef grew up in New York listening to Sly and the Family Stone and Stevie Wonder among others. "I grew up in a very pop-oriented thing. I was never into avant garde. I just took what the radio gave me and loved it."

Jef, who played guitar for many bands while living in Australia, also played on Tori Amos' 1990 album. Later in the same year, he formed The Men.

Lore was re-stringing her red Fender as we talked. "Lore's the original VooDoo Child," says Jeff. "She's a full-on, hard-core blues player." The Detroit sisters originally had a group called The Hondas. They bring a variety of influences to their playing. Lore's love of the blues is complemented by Nancy's interest in Kool Moe Dee, Nirvana, and Metallica.

The Men complete their distinct sound with the brilliant drum playing of David Botkin. David's father, Perry Bodkin, Jr., was all the musical influence anyone could ever need. He is the composer of the well-known tunes "Bless the Beasts and Children," "Nadia's Theme," as well as the theme to *Mork & Mindy*.

Playing the drums since he was eleven, David cites his influences as Led Zeppelin, Aerosmith, Ted



Nugent, Aretha Franklin, and Earth, Wind and Fire. He calls his style, "a real John Bonham with a sort of blues/r&b influence on top of all that."

The self titled album, released early this past summer, climbed to the top of the rock charts within weeks. Radio listeners were constantly calling their local stations to request "Church of Logic, Sin and Love." The live songs

were even better than the recorded versions. Jef's voice is strong and clear; he really gets his message across. "Blue Town" is the second single from the album. The song about an alcoholic wife beater is, "A wake up call to battered women."

"I Built My House This Way" is a song about a man recalling his life with no regrets. Jef, who has a three year old son says, "It's

hard to leave my family to go on tour. But this is the life I chose to live. And I think this bunch of songs is represented in the best possible way."

The album is jammed with twelve hook-packed tracks of pop life. The Men is definitely a band to check out live if you can. They are totally worth listening to, and I hope to hear more from them in the future.

Contagion: tomorrow's dance music in today's newspaper



Contagion

By Kileen Kaffan
A & E Editor

During the past few years, the music that is pumped into clubs has changed drastically. Most clubs have played everything from disco to rap, and now clubs are playing pop, hip-hop, alternative, and techno. In addition, a form of music known as "industrial" has crept from the dungeons of techno. Industrial music consists of feedback and intense lyrics. The sound is so powerful that hearing it just makes your bones vibrate.

Some industrial artists are Nine Inch Nails, Einstürzende Neubauten, and Ministry. Capitol Records is the home base for the band Contagion, who have released their first album, *Contaminant PCB*. The band, formally called Biohazard PCB, is the creation of members Keith

Arem, Mical Pedriana, Jack Boughner and David Smith. The band was originally formed to serve as an opening act for the band, Front Line Assembly. Contagion has also toured with Nine Inch Nails and Die Warzau.

Their sound is abrasive as well as intelligent, with song topics that range from freedom in religion to real life situations that scare you to death. The energy that the sound of industrial music possesses is captured by Contagion, who bring all their anger and hostility to your CD player with *Contaminant PCB*.

Recorded during the L.A. riots, the stress the world felt is evident in their work. In October, the band will begin their first national tour which is labeled the *World Domination Tour*. Check out Contagion's new album at your local record store and feel the power of the industrial music scene.

Lynch's *Peaks* doesn't catch fire, will disappoint even big fans

(CPS) First things first: I was a *Twin Peaks* geek.

When David Lynch's eerily odd brainchild was a weekly TV series, I went out of my way to watch it. I needed the show like a junkie needs a fix. I never stayed at a party past 9:30 p.m. Saturday nights because 10:00 p.m. was "Twin Peaks" time.

When the show was unjustly cancelled nearly two years ago, there were rumors Lynch was planning a movie version of *Twin Peaks*. Once those rumors were confirmed, I started counting the days until the movie was out.

Now that I've seen *Twin Peaks: Fire Walk With Me*, I wish Lynch would have let his sleeping creation lie.

Lynch, who has also directed

such quirky fare as *Blue Velvet* and *Wild at Heart*, is intent on being more violent and sexual on the big screen than he was with his TV series. While he succeeds on this count, the sheer amount of violence and sex overwhelms Lynch's strength as a director

creating offbeat characters and telling stories through their eyes. The film documents the last seven days in the doomed life of high school siren Laura Palmer (Sheryl Lee).

Palmer's character is examined in great detail, especially her attempt to escape her evil fate

through cocaine and alcohol.

Ultimately, it is Lynch's preoccupation with the character

When the show was unjustly cancelled nearly two years ago, there were rumors Lynch was planning a movie... I started counting the days until the movie was out. Now that I've seen Twin Peaks: Fire Walk With Me, I wish Lynch would have let his sleeping creation lie.

solving the death of Laura Palmer, the enduring part of the show was the townfolk of *Twin Peaks*.

Sadly, Lynch has decided to neglect more than half of the characters from the TV show, including Sheriff Harry S. Truman, deputies Andy and Hawk, Lucy the secretary and the odd couple of Ed and Nadine.

Even the characters that have survived the transition from small to big screen, like Special Agent Dale Cooper (Kyle MacLachlan) and the Log Lady (Catherine E. Coulson), get the shaft from Lynch and fellow writer Robert Engels.

Poor hostess Norma (Peggy Lipton) is on screen for all of 10 seconds.

...*Fire Walk With Me* is not without bright spots. Lynch remains a director with a knack for creating uncanny visual effects and causing moviegoers to feel genuinely uncomfortable.

But the bottom line is this: *Twin Peaks* fans aren't going to be satisfied with ...*Fire Walk With Me*. People unfamiliar with the TV series are not likely to care very much for this muddled, overly long film.

As a disappointed *Twin Peaks* geek, I'll go back to my VCR and watch some old episodes while dreaming of the movie that might have been.

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Be all that you can be, says Ira Turner

By Madelyn Dunlap
Sports Writer

It was the third game of the season for Sacred Heart University's men's soccer team and they were up against South Hampton when Ira Turner dropped after being "tackled from behind," he said. His leg was broken. Turner said, "This is my worst accident ever in 20 years of playing soccer." However, you are not going to see Turner sitting around for long because he has ambition and goals to conquer.

Turner lives in Bridgeport and commutes to SHU during the week for his classes. He is a sophomore working on a degree in Management. After getting his degree he said, "I hope to work for a firm or company for a couple of years and then pursue my own business."

Ira's interest in sports started during his high school years where he attended Meadowbrook School in Kingston, Jamaica. There he participated in a few other athletic activities such as cricket and track

and field. Turner received the Sports Person of the Year Award for two years and was selected to the All Major League Team.

"Hopefully we will win the championship this year and in years to come," said Turner. Soccer is among the things that Turner holds in high regard. He said, "I have a lot of great memories especially of last year. We won a game against the University of Bridgeport in which I scored the opening and most spectacular goal of the week. It helped me to win Rookie of the Week."

In addition to the wins come losses. Turner said, "Losing to Franklin Pierce last year turned the tables for the team and led to a downfall." Turner has confidence that the team will rebound. "I know we can do it and I hope that my foot gets better before the season is up," he said.

"Ira's greatest contribution to the '92' soccer team is his vast experience and maturity. At 26, Ira brings at least twenty years of soccer experience to a program

looking to compete with the finest colleges in the nation. His injury has affected the team greatly. His value was realized this year when the team selected him as one of their co-captains. "We will sorely miss Ira because he will not be back this season," said Coach Joe McGuigan.

However, there is more to Turner than soccer. He likes to sit back and relax, watch television and go to the movies. This year his favorite movie was *The Last Boy Scout*. Turner is also a dedicated member of Ujamma. He has confidence in himself and doesn't let people get him down. "I don't spend my time worrying about what other people think," said Turner.

He works part time for The United Parcel Service and is a specialist in the Army Reserves. As a specialist he is able to travel often, which he enjoys doing very much. "I have a lot of fun in life, I especially like to go to clubs," he said. Ira also enjoys going to the park with his family and his four year old son, Ira Jr.



Ira Turner watches Saturday's game from the sidelines.

Photo by Dawn M. Kentosh

Women's soccer team smiling

By Lori Bogue
Sports Editor

The Sacred Heart University women's soccer team is smiling after bringing back another victory, Tuesday night against Mount St. Vincent's in a 7-1 decision.

Not much happened in the first half except that the lone score emerged from Mt. St. Vincent.

Things were all Sacred Heart from there as the Pioneers combined for 25 shots on goal. "We are a hundred percent better than last year," said Coach Joe Barroso. Jennifer Fallone was the stand out with a hat trick. Deanna Young and Jennifer Greene both scored two goals.

Leadership came from Renee Melchiona on the field. Fallone, Young, and Greene combined for

a massive offensive attack. Perhaps what got Sacred Heart's momentum going is Barroso's switch of moving Young to the front line and having Becky McGuigan as a strong mid-fielder. "McGuigan is working very hard," said Barroso.

"It's great to be on the outside," said Barroso. The Pioneers will travel to New Hampshire on Thursday.

Football: Scott packs sack

Continued from page 12

spot if Martin is benched.

St. Peter's later scored on fourth down on a one yard pass that was capped off by a remarkable defensive stand. The extra point was blocked by Cheeseburger Daly and Anthony Leo, making the final score 13-6. This loss kicks the Pioneers to 0

Quinn Britto dressed for the game against St. Peter's but was unable to play due to his sprained ankle, and is questionable against SUNY-Stonybrook this coming Saturday. Also questionable is Jason Cipriani who sprained his ankle in practice last week. The Pioneers will play SUNY-Stonybrook this coming Saturday in Long Island at 1 p.m.

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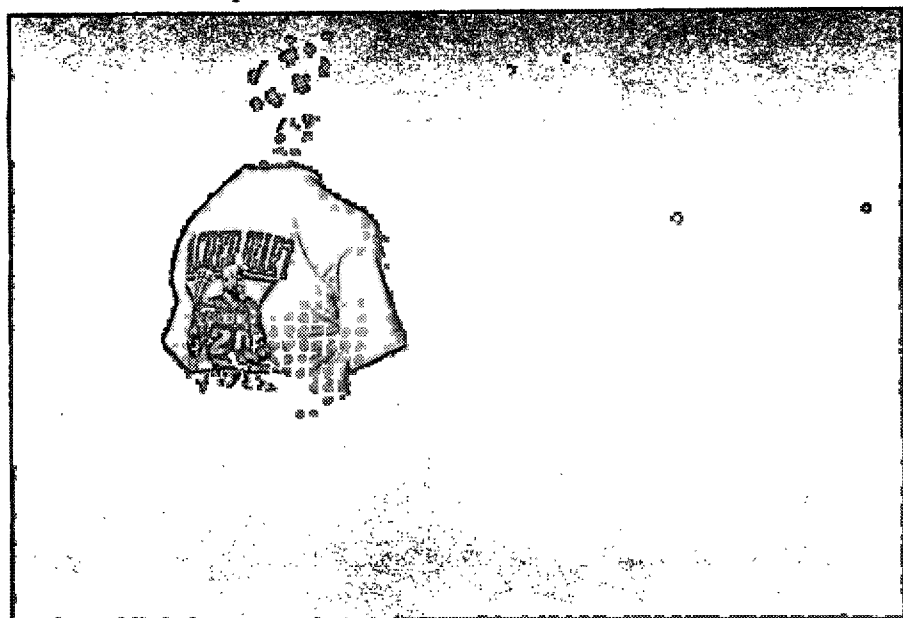
"I'm An Adult Child of An Alcoholic Parent:
Growing Up With Chaos"

"I've Survived Abuse:
I Want to heal the Scars of Sexual and Physical
Violence"

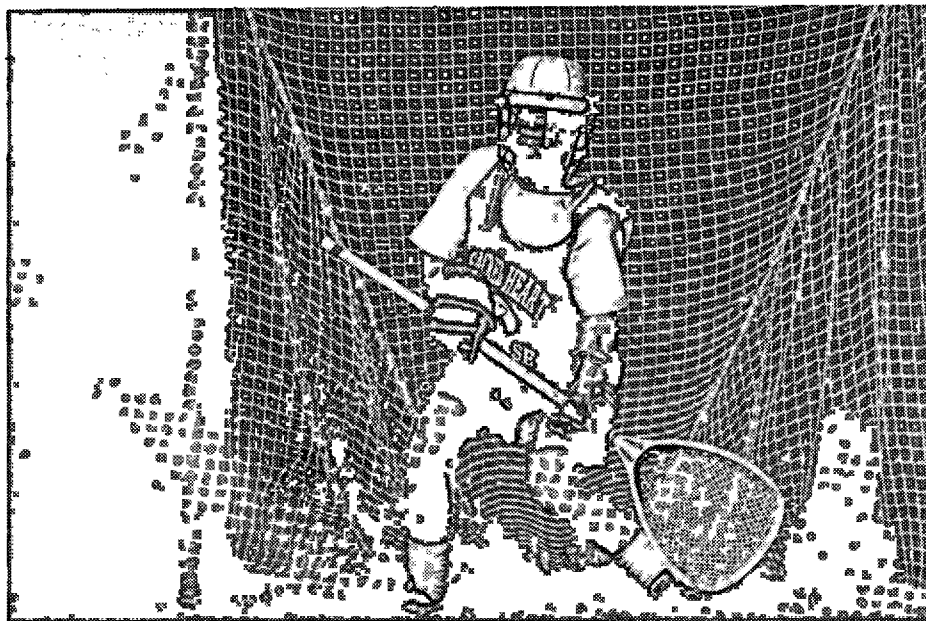
"Someone I Love Recently Died:
Grieving and Missing Someone I Love"

For more information and an interview, contact Sr. Anne-Louise Nadeau at the Counseling Center (371-7955) by October 12.

Food Preoccupation Group (Contact Debbie Barton for more information on this group.)

Lacrosse warms up...

Kerry Fleet, a sophomore, looks onto the lacrosse field as the men's team took in a practice recently.
Photo by Dawn M. Kentosh



Junior business major Shawn Keane awaits an incoming shot while tending goal at a recent lacrosse practice on campus.
Photo by Dawn M. Kentosh

Prognostications from a Pioneer

Wait 'till next year.

That's what the four area baseball and football teams must do. Forget the Giants win over the Bears last Monday. The Giants, at best, are an 8-8 team. 8-8 would be heaven to the Jets at this point. While 8-8 was good enough to make the playoffs last year, it won't be this year.

As disappointing as the Jets and Giants have been this year, the Tampa Bay Buccaneers and the Pittsburgh Steelers have been impressive. Both are tied for first place in their divisions at 3-1. If history proves true, the Bucs, coached by Sam Wyche, will finish first. In his coaching career, Wyche has followed a last-to-first-to-last-to-first cycle and Wyche's Bengals finished dead last in 1991.

Back to the Jets for one millisecond. While it's granted they should be better than what they have demonstrated so far, it is unrealistic to expect a first year starting quarterback such as Browning Nagle to lead the Jets to the playoffs. The Jets will probably suffer through a 5-11 year, but down the road it will be worth it because Nagle has shown flashes of great potential.

At press time, there are five teams with realistic chances at

making the Major League Playoffs (Pittsburgh has clinched). (I am assuming that Cincinnati and Minnesota will be eliminated by the time you are reading this). Here is the Prognosticator's picks for the upcoming playoffs.

National League
Pittsburgh over Atlanta

American League
Oakland over Toronto/Milwaukee

My reasons for both picks are the same. This is the "last chance" for both the A's and the Pirates. The A's have 14 free agents after the season highlighted by Mark McGwire, Terry Steinbach, Ruben Sierra and Jeff Russell. The Pirates will also lose the bulk of their team. 1990 and 1992 National League MVP Barry Bonds, not to mention Doug Drabek. While Terry Pendleton of the Braves has had a tremendous season, but Bonds is carrying the Bucs. Take Pendleton away from the Braves, they still have David Justice, Ron Gant, Otis Nixon and Jeff Blauser; not to mention the top 1-2-3 pitching combo of Tom Glavine, Steve Avery and John Smoltz. Take Bonds away from the Pirates and the Expos would be celebrating right now.

Another reason for my staying away from picking the Braves is that over the last month, Glavine and Smoltz have looked very tired and very hittable. Come back next week for the Prognosticator's post-season awards.

Our Sacred Heart University football team is off to a rough start, one piece of consolation is that last year's team started 0-3, but finished 5-4. The defense, led by Bill Johnston, Mike Matkovic and Dave LeSage, have been impressive. John Wells has been a force on offense, but the passing game is nonexistent. Coach Gary Reho and his staff has once again done a Class A job recruiting and even filled one of its two most pressing needs with a placekicker in John Anzalone. As of now, it seems they have failed to address their other need; a quarterback.

Our men's and women's soccer teams have been a bright spot this fall. The men, led by Jay McDougall, Allan Zuniga, Marco Sanchez, and Theo Burnett, and the women, led by Jennifer Fallon, Diana Young, Jennifer Greene and Renee Melchiona have gotten off to fast starts. Both teams play exciting ball and are fun to watch. See y all next week.

Soccer: goalie stakes four shutouts

Continued from page 12

while Fernando Fernandes, a sophomore from St. Tirso/Mount Allegre, Portugal who sat out most of last year after an injury suffered in a bloody game against the University of Bridgeport, is back with two goals and one assist for five points.

Tending goal for SHU, is Junior Jay McDougall, who in the first seven games of this season is leading the NECC with a 0.22 goals (scored) against average. His four shutouts have him on a pace to break his own record-setting 1991 season when he had nine games in which he blanked the opposition.

With their 1992 record at 5-1-1 and 0-0-1 in the NECC, the tie could mean a turnaround for the SHU squad after a disappointing 3-4 NECC finish during the 1991 season.

Looking forward to their

next two games against the University of New Haven (away) and C.W. Post (home) McGuigan says that he "expect(s) trouble all the time" when going into a game.

"We're an explosive team but we don't finish well," McGuigan indicated. "We're going to do the same thing we always do. We're a possession team," referring to the strategy of taking control of the ball and working it around the opposing team's goal rather than just taking quick outside shots.

Against C.W. Post, the SHU booters are facing a team with a 5-2 record. Post's top scorers, Jerome Gill (Manchester, England) and Gerry Lucey (Dublin, Ireland) have provided extra punch for a team which in the past has proven troublesome even against the tough NECC league teams.

C.W. Post will travel to SHU's Campus Field for a game Sunday, Oct. 4 at 1:00 p.m.

Volleyball: women show no mercy with win

Continued from page 12

improved floor coverage and communication. Kim Filia and Amy Zatlukal each assisted 14 times. Jen Rau had 6 kills and 3 solo blocks. Lisa DiFulvio and Maria Cavaliere had good all around games, each contributing heftily in spikes and digs. Kelly McKenna enhanced SHU's outing with 10 spikes of her own.

The squad next played Stonehill College on Saturday, also an away match. Inconsistency struck again for the SHU women. Had the team played as well as they played against AIC, they most likely would have left Stonehill with a victory. Instead, the team came out flat and sloppy and could not get anything started. The

contest ended in Stonehill's favor, 9-15, 12-15, 13-15. Filia led in assists with 10 and Cavaliere posted as many kills adding 3 solo blocks. Rau, who seems to be developing a knack for blocking, had 4 solos.

On the brighter side for SHU lady spikers, they came out raring to go Monday night and sent a very talented but surprised Mercy team home with a loss. Perhaps it was team captain Maria Cavaliere's pre-game talk with the team that brought about their rapidly improved play. The squad went out and destroyed Mercy in 3 straight games. Even after trailing 2-10 to start off the first game, Cavaliere and Rau provided key digs that aroused the crowd and the SHU women's intensity.

The ladies went on a tear,

reeling off points en route to a 15-13 upset comeback. From that moment on, the team never let momentum slip back into Mercy's hands, and in doing so, played with consistency throughout the match. Very few balls touched the floor on SHU's side of the net. At one point, Cavaliere even hit a winner while down on her knees. Lisa DiFulvio smashed 10 vicious kills in the match and Elaine Agosti had 3 solo blocks. With a great team effort, the Lady Pioneers finally played up to par. The final score read 15-13, 15-6, 15-9 in SHU's favor, inching their overall record to a meager 2-7.

The squad, with renewed spirit, looks to close the gap in the win/loss column in this weekend's tourney at Southern Connecticut State University.



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Men's soccer sends NHC packing



Coach Joe McGuigan reminds his team to stay focused during Saturday's NECC conference game against New Hampshire College. SHU tied in double overtime, the first time NHC has gone home from Sacred Heart without a win.

Photo by Dawn M. Kentosh

By Michael Champagne
Associate Editor

After suffering its first loss of the season at Bentley College, the SHU men's soccer team took their home field and played to a 1-1 tie against NHC - a team that had never, in its history against Sacred Heart soccer, gone home without a tally in the win column.

"We sent a message out there to the NECC (New England Collegiate Conference) and to everybody else that's looking at this conference that we won't take any steps back," Head Coach Joe McGuigan told his team after battling to the tie.

"Sacred Heart, today, took that next step to be one of the toughest teams in New England," he continued. "You didn't fold. You were down 1-0 with less than ten minutes left, (but) you kept coming at them and at them and at

them."

Coming at them they did. Within five minutes of New Hampshire's Matt Downs scoring their lone goal, McGuigan's squad showed that they too can take control of the ball and net it against the opposition.

After pressuring the New Hampshire defense for most of those five minutes, SHU's Allan Zuniga was able to break free and rip an unassisted shot past New Hampshire's Preston Buron, to tie the game at its final 1-1 as neither team was able to break the tie during the two overtime periods.

Zuniga's score, with 7:10 left in regulation, keeps him among the top scorers for SHU, with two goals and five assists for seven points. Theo Burnett, a junior from Clarendon, Jamaica, currently has 3 goals for six points,

See Soccer, page 12

Baseball struggles

By Kevin Phillips
Sports Writer

The men's baseball team continued with both their Varsity and Junior Varsity fall schedule by dropping to 0-4. Last Wednesday, the Pioneers suffered a 9-6 loss to Central Connecticut, as SHU could only come up with six hits in the contest.

Coach Nick Giaquinto did not get as much offensively from his team as he would have liked, as only four Pioneers contributed with base hits. Central, on the other hand, pounded out 15 hits en route to the victory.

CCSU used four hits in the top of the third inning to take a 2-0 lead before SHU mounted a threat in the bottom half of the sixth inning. After getting their first base runner via a walk in the fifth inning, the Pioneers pushed two runs across in the

next inning with four walks and two Central errors.

Sacred Heart scored once more in the bottom of the seventh on a Phil Rossetti sacrifice fly and then used two singles by Alan Ermark and Jason Nardachone to score twice in the eighth. The final Pioneer run crossed the plate when Javier Rodriguez doubled to score Jose Mendez, but CCSU had tallied three runs in both the seventh and ninth innings to put the game out of reach.

The fall season continues next week with both Varsity and Junior Varsity games on tap. Giaquinto is using the fall season to take a closer look at the talent he will be working with in the spring. The Pioneers will attempt to defend their New England Collegiate Conference title and try to return to the NCAA Division II College World Series.

Lack of offense leads to another loss for football

By Antoine Scott
Sports Writer

The Pioneer lost their second straight football game Saturday against St. Peter's of New Jersey. Just like the first game, the Pioneers came out storming on the first play of scrimmage. John Wells cruised to a 57 yard run taking the ball to the St. Peter's 15 yard line. But the Pioneers couldn't punch the ball in to the endzone, and the John Analazone field goal kick was wide right.

That was the beginning of a long afternoon for the Pioneer offense. After being in the Pea-

cocks territory for most of the half, the offense managed a 27 yard field goal, and within closing minutes in the first half Analazone booted another field goal that would make the halftime score of 7 - 6 in favor of St. Peter's.

The defense, who were generous against St. John's last week, was relentless against St. Peter's. Dave Lesage and Bill Johnston had strong games while Russ Greenberg recovered two fumbles, and Antoine Scott had a lightning sack.

"We will win as a team and we will lose as a team, it's not the offense's or defense's fault that we lost. We lost as a team regardless

of what the stats show," said Captain Dave Lesage.

Joe Martin, who hasn't thrown a pass for a touchdown this year, looked unpolished, throwing two interceptions. "I was terrible, their is no one to blame but myself," said Martin. Most likely Head Coach Gary Reho will make some changes offensively; whether or not Martin will start at quarterback this week is questionable. J. J. Chella, who was put in the game in the fourth quarter, didn't spark the offense, but will probably battle Mark McPhearson for the starting

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Volleyball posts win #2

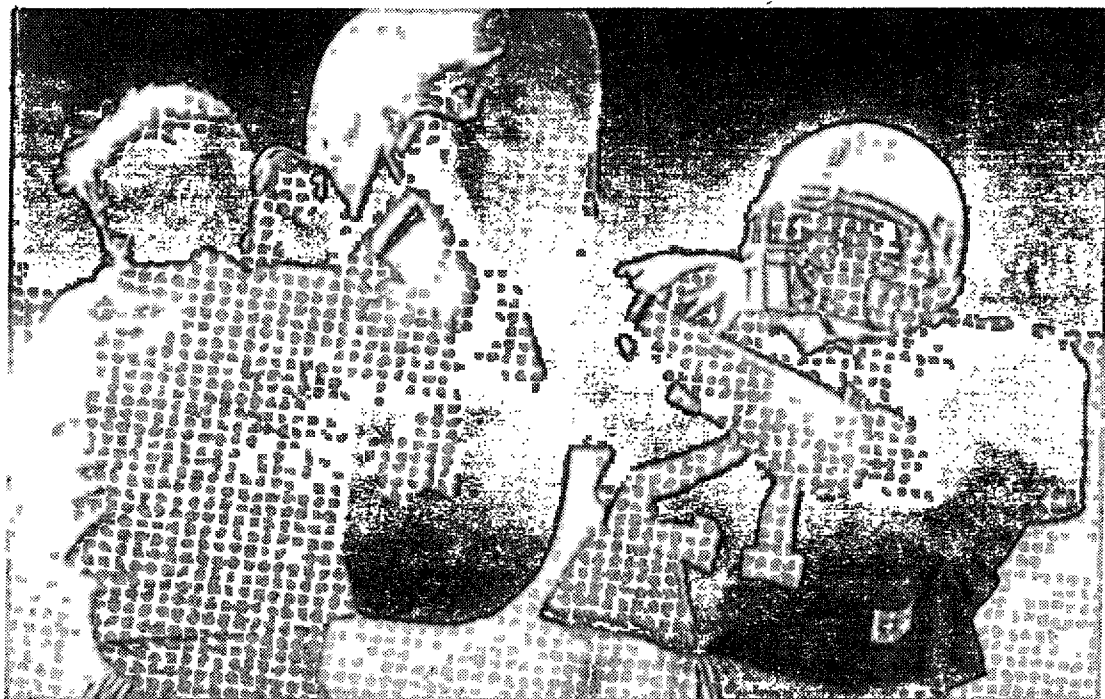
By Elaine Agosti
Sports Writer

The Sacred Heart women's volleyball team had another rough week of play, suffering losses to AIC and Stonehill until finally erupting out of their beleaguered shell in time to handily defeat Mercy College.

Consistency has been absent for the Lady Pioneers since the start of the season. Coming off a pathetic home court loss to Bryant

last Tuesday, a contest in which the women lacked communication and even spirit at times, the SHU team showed up for an AIC match in Massachusetts more prepared to play volleyball. The SHU lady spikers came out loud and aggressive against a formidable AIC squad, and although their bid for victory fell short (losing 11 - 15, [15 - 6], 15 - 17, 4 - 15), the team played hard and

See Volleyball, page 12



Running Back Coach Carl Bodnar works with Scott Warman before Saturday's loss against St. Peter's of New Jersey.

Photo by Dawn M. Kentosh